



# KAREN FRANK

**NEXTicity<sup>®</sup>**

**“The most flexible people in the Universe are the most powerful!”**

**Who Should Attend These Programs?**

- ◆ Executives
- ◆ Managers
- ◆ Employees
- ◆ Employers
- ◆ Health Professionals
- ◆ Physicians
- ◆ Everyone!

**Karen Frank**

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## **What is NEXTicity<sup>®</sup>?**

A personal, spiritual attitude creating comfort in the present and attracting powerful new experiences as you remove limiting beliefs.

## **What problems does NEXTicity solve?**

As individuals move through their daily lives, their inflexibility and inability to change quickly and move beyond disappointment, wastes time, productivity and creativity in both their personal and business life.

## **How does NEXTicity solve this problem?**

NEXTicity<sup>®</sup> creates a clear, positive, energy that instills flexibility and enables individuals to give themselves permission to trust themselves and move forward to their own excellence and success.

## **Flexibility**

- ◆ **Maximum Flexibility** creates lasting power to achieve your personal and business goals.
- ◆ **Strategies of Flexibility** expand your mind and maximize your opportunity in our changing world.

## **Permission**

- ◆ **Permission Echo** allows you to be comfortable with who you are and an expert in what you do.
- ◆ **Trust Alignment** enables truthful connections and conversations between yourself and others to create positive outcomes.

## **Forward**

- ◆ **Forward Trust** gets you out of your own way and opens the door for the next level.
- ◆ **NEXTicity** creates a personal energy for change and transformation.

## **Concrete Results**

- ◆ Increased productivity in home and business.
- ◆ Increased opportunities for financial wealth and freedom.
- ◆ Improved communications for peak performance.
- ◆ Accelerating, cutting edge relationships.
- ◆ Improved confidence, self respect and self trust.
- ◆ Increased courage for achieving your capabilities.

# KAREN FRANK

## NEXTicity®

### About Karen Frank

Karen Frank, CH, MscD, holds a doctorate degree in metaphysics and integrative healing. She is the founder and president of both Dr. Karen Frank's Center for Healing and also Healing Hypno-Harmonics®, offering a CD series for healing all types of conditions with the use of guided self hypnosis.

Prior to her current business, she served as Human Resource Benefits Specialist and HR Relocation Specialist for a Fortune 500 corporation, was an award winning creative artist recognized for her design work, and founded/directed the Positive Changes Institute.

A published author and accomplished motivational speaker, she addresses hundreds of groups each year, teaching people in the areas of personal and professional growth, relaxation techniques, sales motivation, medical illnesses and much more.

Through her private practice, Dr. Frank has assisted thousands of people in their own journeys of discovery for their full potential. Her fantastic success ratio is in part attributed to her winning motivational abilities and in part to her profound understanding of individuals' readiness and acceptance toward healing and changing themselves.

She has authored a monthly column for a holistic newspaper, hosted her own radio show, "Wellness Wednesdays" and has appeared on national television, including *Discovery Channel*, *NBC News* and *Fox News* and been the featured guest on television talk shows. She is a Certified F.I.R.E.WALK Instructor and has been president of the National Association of Female Executives.

She was listed in *Atlantic City Magazine's* "People to Watch", featured twice in *Charlotte Woman*, and also in *Philadelphia Enterpriser* magazine. She was recognized in NAWBO's Year of the Woman and awarded National Association of Book Editor's Pinnacle Book Achievement Award.

Karen's next two books are due for release in 2009.

### Testimonials

In addition to being wonderfully entertaining, empowering and uplifting, Dr. Frank researched the dental profession and customized her presentation to the discipline of dentistry, making it relevant to our vocation.

*Sandra Boucher-Bessent, RDH,  
NC Dental Hygiene Academy of Advanced Studies*

For the first time I feel in control of my life. My sales have increased dramatically, directly in proportion to my confidence level.

*Robert C. Pope  
Toshiba*

What you've helped me to do ... is to deeply internalize the fact that I'm in control of the direction of my practice and I'm responsible for getting my own results.

*Ronald C. Simon, CFP  
American Express Financial Advisors*

The seminar was very exciting and very well received by all our producers, helping each of them with skills they need to perform as a successful producer. Your positive energy and enthusiasm you brought to the seminar was remarkable, which made for a very positive experience.

*Renee Branum,  
Prudential Financial*

### Quick Facts About Karen Frank

- ◆ Successful private practice
- ◆ Founder/President of Karen Frank's Center for Healing
- ◆ Founder/President of Positive Change Institute
- ◆ Hosted her own radio show
- ◆ Certified F.I.R.E.WALK Instructor
- ◆ Past President of National Association of Female Executives
- ◆ NAWBO's Year of the Woman Award Recipient
- ◆ CD Series carried in 68 stores
- ◆ Member of the National Speakers Association

### Selected Clients

- ◆ American Express Financial Advisors
- ◆ First Citizen's Bank—Raleigh NC
- ◆ Holiday Inn Hotels
- ◆ North Carolina Dental Hygiene Academy of Advanced Studies
- ◆ Leapin' Lizards Book & Gift Stores
- ◆ Pitney Bowes
- ◆ Presbyterian Hospital
- ◆ Prudential Financial
- ◆ Prudential Insurance
- ◆ The Sanctuary
- ◆ Toshiba
- ◆ University of North Carolina Hospitals
- ◆ Wells Fargo
- ◆ YWCA (Pennsylvania)